



MENU

APPETIZERS

- OCTOPUS AND SHRIMP TACOS** 269
LIGHT, ZESTY OCTOPUS AND SHRIMP TACOS FILLED WITH AVOCADO AND TOMATO SALSA. FINISHED WITH A DRIZZLE OF BALSAMIC REDUCTION AND TOPPED WITH FRESH LIME.
- THE SUNKEN FISH GUATEMALAN CEVICHE** 259
OUR SPECIAL SIGNATURE CARIBBEAN CEVICHE DISH. A BLEND OF SHRIMP, FISH, AND CONCH, TOSSED WITH THE CHEF'S BLEND OF ONION, GREEN PEPPER, TOMATO, CILANTRO, SWEET CORN, AVOCADO, PINEAPPLE, AND CHILE DE CABRO. SERVED WITH PLANTAIN CHIPS.
- ATLANTIC CALAMARI** 259
RICH SHREDDED CALAMARI IN A SPECIAL HOUSE STYLE BREADING SERVED WITH A TARTAR SAUCE IN A BED OF HYDROPONIC GREEN LETTUCE.
- LENTIL AND QUINOA SALAD** 219
MIXED WITH BLACK OLIVES, MARINATED TOMATOES, AND SWEET CORN. FINISHED WITH AVOCADO AND YUCA CHIPS.
- CHICKEN AND TORTILLA MEXICAN SOUP** 199
MEXICAN CLASSIC TOMATO AND CHICKEN SOUP, FRESH HERB, AND CRISPY TORTILLA PIECES.
- CAULIFLOWER BITES** 189
CRISPY TEMPURA CAULIFLOWER TOSSED IN YOUR CHOICE OF SWEET THAI CHILI, GARLIC PARMESAN, OR BUFFALO SAUCE.

MAIN COURSES

- MARINERA SOUP FOR 2** 799
LOCAL FRESH SEAFOOD SIMMERED IN A COCONUT MILK ISLAND-STYLE BROTH WITH ONION, GREEN PEPPER, CARROTS, POTATOES, AND CILANTRO. SERVED WITH WHITE RICE.
- BEEF FILLET** 699
7OZ BEEF FILLET COOKED TO YOUR LIKING, WRAPPED IN BACON, AND SERVED WITH A SWEET POTATO PUREE, ASPARAGUS, AND A CREAMY PEPPER SAUCE.
- THE LOCAL CARIBBEAN FAVORITE** 699
WHOLE FRIED RED SNAPPER, WITH GARLIC BUTTER SAUCE, SERVED WITH PLANTAIN AND SEASONAL VEGETABLES.
- LOCAL RED SNAPPER** 599
GARAFUNI GUIFFITY FISH SERVED WITH A CRISP SALAD AND POTATO PUREE.

ALL PRODUCTS ARE MADE IN-HOUSE, USING NATURAL INGREDIENTS
INCLUDING BREAD, DESSERTS, AND TORTILLAS
OPEN MONDAY - SUNDAY FROM 7:00 AM TO 9:00 PM
RESERVATIONS: BESTFOODROATAN@GMAIL.COM
CALL: +504 9451-6320

PAN SEARED SNAPPER	519
PAN SEARED SNAPPER SAT ON A SWEET PEPPER & POTATO PUREE, SERVED WITH CARROTS AND CHERRY TOMATOES	
COCONUT SHRIMP	489
LOCAL SHRIMPS COOKED WITH COCONUT. CREAMY POTATO PUREE AND SEASONAL VEGETABLES.	
CLASSIC GRILLED CHURASCO	459
WITH A CHOICE OF POTATOES AND SEASONAL VEGETABLES.	
SPICY CARIBBEAN OCTOPUS	449
WITH BABY POTATOES COOKED WITH HERB BUTTER AND CARROT PUREE.	
SEAFOOD FETTUCINE	349
LOCAL SEAFOOD OF THE DAY COOKED WITH CHILI AND LEMON JUICE TOSSED WITH HOMEMADE FETTUCINE PASTA AND HERB BUTTER.	
HOMEMADE BEETROOT PASTA	329
HOMEMADE BEETROOT PASTA, WITH OLIVES, ASPARGUS, ONION AND TOASTED BREAD (VG)	
COCONUT CHICKPEA CURRY WITH STEAM RICE	279
WINGS N' RINGS	259
SIX CHICKEN WINGS (BUFFALO OR BBQ) WITH ONION RINGS. SERVED WITH CARROTS, CELERY AND TARTARE SAUCE.	
SIZZLING VEGETABLE FAJITAS	249
ACCOMPANIED WITH GRATED CHEESE, SOUR CREAM, AND GUACAMOLE. • ADD CHICKEN Lps 80,00 *** ADD BEEF Lps 100,00	

SALADS

MIXED SEAFOOD SALAD	389
A JUICY MIX OF PRAWN, OCTOPUS, AND CALAMARI TOSSED WITH FETA CHEESE AND MIXED GREEN SALAD.	
STEAK FAJITAS SALAD, TORTILLA BOWL	389
STIR-FRIED BEEF, ONIONS, AND PEPPERS WITH AVOCADO AND HYDROPONIC LETTUCE SERVED IN A CRISPY TORTILLA BOWL.	
CARIBBEAN CHICKEN SALAD WITH ORANGE VINAIGRETTE	319
A FRESH MIX OF GRILLED CHICKEN, CHIA SEEDS, ORANGE, AND HYDROPONIC LETTUCE. BOUND WITH A FRESH ORANGE VINAIGRETTE.	

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SNACKS

THE BIGGER BETTER BURGER	359
A PERFECTLY GRILLED BEEF PADDY TOPPED WITH HYDROPONIC LETTUCE, TOMATOES, CARAMELIZED ONIONS, SAUTÉED MUSHROOMS & CHEDDAR CHEESE, SERVED WITH HOMESTYLE FRIES.	
TRANQUILSEAS CHEESEBURGER	279
HAND-PRESSED LOCAL BEEF TOPPED WITH CHEDDAR CHEESE SERVED WITH HOMESTYLE FRIES.	
ISLAND BEEF SANDWICH	269
HOMEMADE TOASTED BAGUETTE WITH JUICY GRILLED BEEF STRIPS. SLICED TOMATOES AND LETTUCE AND FINISHED WITH A MUSTARD DRESSING.	
TRANQUILSEAS CLUB SANDWICH	269
GRILLED CHICKEN BREAST, BACON, AND EGG TOASTED SANDWICH FINISHED WITH TOMATO, LETTUCE, AND MAYONAISE. SERVED WITH HOMESTYLE FRIES AND KETCHUP.	
SUNKEN FISH SANDWICH	249
HOMEMADE TOASTED BAGUETTE FILLED WITH GRILLED RED SNAPPER, FETA CHEESE, TOMATO, AND COCKTAIL SAUCE.	
FISH FINGERS	249
BATTERED LOCALLY CAUGHT SNAPPER SERVED WITH HOMESTYLE FRIES & TARTAR SAUCE.	
CHICKEN FINGERS	249
CRISPY CHICKEN TENDERS SERVED WITH HONEY MUSTARD & HOMESTYLE FRIES.	
MAKE IT YOUR WAY QUESADILLA	229
CHOOSE FROM CHICKEN, SHRIMP, OR LOBSTER. WE TAKE YOUR CHOICE OF PROTEIN AND SAUTÉE IT WITH ONIONS AND PEPPERS, AND STUFF IT INTO TWO FLOUR TORTILLAS WITH QUESILLO BEFORE GIVING IT A QUICK GRILL. SERVED WITH CHIMOL AND SOUR CREAM.	
• ADD LOBSTER Lps 265 *** ADD SHRIMP Lps 100,00 *** ADD CHICKEN Lps 80,00	
HUMMUS AND BABAGANOUSH	219
WITH VEGETABLE STICKS AND PITTA BREAD.	

SUNDAY FAMILY PLATTERS

LARGE FAMILY PLATTER	2640
A FAMILY PLATTER WITH A VARIETY OF BEEF, CHICKEN, AND SHRIMP SKEWERS. GRILLED LOBSTER AND BREADED CHICKEN AND FISH FINGERS. SERVED WITH FAMILY SIDES OF FRENCH FRIES AND CRISPY PLANTAIN CHIPS.	
SMALL FAMILY PLATTER	1440
A FAMILY PLATTER WITH A VARIETY OF BEEF, CHICKEN, AND SHRIMP SKEWERS. BREADED CHICKEN AND FISH FINGERS. SERVED WITH FAMILY SIDES OF FRENCH FRIES AND CRISPY PLANTAIN CHIPS.	

DESSERTS

COCONUT BOWL SPECIAL	189
COCONUT RICE PUDDING, MANGO MOUSE, AND FRESH PINEAPPLE SERVED THE SUNKEN FISH WAY.	
CHOCOLATE FONDANT	189
WITH ICE CREAM.	
LEMON CHEESECAKE	
HOME-MADE FRESH LEMON CHEESECAKE WITH A CHOCOLATE GANACHE AND CARAMELIZED ALMONDS.	
TRANQUILSEAS BANANA DOUGHNUTS	129
HOMEMADE BANANA DOUGHNUTS WITH A NUTELLA DIP	
CARROT CAKE	129
LIGHTLY SPICED CARROT CAKE TOPPED WITH A CREAM FROSTING AND WALNUT CRUMBS.	
CREPES	129
A LARGE CREPE FILLED WITH NUTELLA AND BANANA	

**** ENJOY YOUR MEAL ****

***** ALL PRICES ARE IN LPS *****

***** VAT IS ALREADY INCLUDED IN PRICES *****

***** 10% SERVICE CHARGE NOT INCLUDED *****

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