



MENU

APPETIZERS

OCTOPUS AND SHRIMP TACOS	269
LIGHT, ZESTY OCTOPUS AND SHRIMP TACOS FILLED WITH AVOCADO AND TOMATO SALSA. FINISHED WITH A DRIZZLE OF BALSAMIC REDUCTION AND TOPPED WITH FRESH LIME.	
THE SUNKEN FISH GUATEMALAN CEVICHE	259
OUR SPECIAL SIGNATURE CARIBBEAN CEVICHE DISH. A BLEND OF SHRIMP, FISH, AND CONCH, TOSSED WITH THE CHEF'S BLEND OF ONION, GREEN PEPPER, TOMATO, CILANTRO, SWEET CORN, AVOCADO, PINEAPPLE, AND CHILE DE CABRO. SERVED WITH PLANTAIN CHIPS.	
ATLANTIC CALAMARI	259
RICH SHREDDED CALAMARI IN A SPECIAL HOUSE STYLE BREADING SERVED WITH A TARTAR SAUCE IN A BED OF HYDROPONIC GREEN LETTUCE.	
LENTIL AND QUINOA SALAD	219
MIXED WITH BLACK OLIVES, MARINATED TOMATOES, AND SWEET CORN. FINISHED WITH AVOCADO AND YUCA CHIPS.	
CHICKEN AND TORTILLA MEXICAN SOUP	199
MEXICAN CLASSIC TOMATO AND CHICKEN SOUP, FRESH HERB, AND CRISPY TORTILLA PIECES.	
CAULIFLOWER BITES	189
CRISPY TEMPURA CAULIFLOWER TOSSED IN YOUR CHOICE OF SWEET THAI CHILI, GARLIC PARMESAN, OR BUFFALO SAUCE.	

MAIN COURSES

MARINERA SOUP FOR 2	799
LOCAL FRESH SEAFOOD SIMMERED IN A COCONUT MILK ISLAND-STYLE BROTH WITH ONION, GREEN PEPPER, CARROTS, POTATOES, AND CILANTRO. SERVED WITH WHITE RICE.	
TRANQUILSEAS MIXED SEAFOOD PASTA	749
LOBSTER, PRAWN, OCTOPUS, CALAMARI, AND MUSSELS COOKED WITH CHILI AND LEMON JUICE. TOSSED WITH WHITE WINE AND HOMEMADE FETTUCINE PASTA.	
BEEF FILLET	739
7OZ BEEF FILLET COOKED TO YOUR LIKING, WRAPPED IN BACON, AND SERVED WITH A SWEET POTATO PUREE, ASPARAGUS, AND A CREAMY PEPPER SAUCE.	

ALL PRODUCTS ARE MADE IN-HOUSE, USING NATURAL INGREDIENTS
INCLUDING BREAD, DESSERTS, AND TORTILLAS
OPEN MONDAY - SUNDAY FROM 7:00 AM TO 9:00 PM
RESERVATIONS: BESTFOODROATAN@GMAIL.COM
CALL: +504 9451-6320

THE LOCAL CARIBBEAN FAVORITE	729
WHOLE FRIED RED SNAPPER, WITH GARLIC BUTTER SAUCE, SERVED WITH PLANTAIN AND SEASONAL VEGETABLES.	
LOCAL RED SNAPPER	639
GARAFUNI GUIFFITY FISH SERVED WITH A CRISP SALAD AND POTATO PUREE.	
PAN SEARED SNAPPER	589
PAN SEARED SNAPPER SAT ON A SWEET PEPPER & POTATO PUREE, SERVED WITH CARROTS AND CHERRY TOMATOES	
COCONUT SHRIMP	559
LOCAL SHRIMPS COOKED WITH COCONUT. CREAMY POTATO PUREE AND SEASONAL VEGETABLES.	
CLASSIC GRILLED CHURASCO	519
WITH A CHOICE OF POTATOES AND SEASONAL VEGETABLES.	
SPICY CARIBBEAN OCTOPUS	519
WITH BABY POTATOES COOKED WITH HERB BUTTER AND CARROT PUREE.	
HOMEMADE BEETROOT PASTA	359
HOMEMADE BEETROOT PASTA, WITH OLIVES, ASPARGUS, ONION AND TOASTED BREAD (VG)	
COCONUT CHICKPEA CURRY WITH STEAM RICE	319
WINGS N' RINGS	299
SIX CHICKEN WINGS (BUFFALO OR BBQ) WITH ONION RINGS. SERVED WITH CARROTS, CELERY AND TARTARE SAUCE.	
SIZZLING VEGETABLE FAJITAS	269
ACCOMPANIED WITH GRATED CHEESE, SOUR CREAM, AND GUACAMOLE. • ADD CHICKEN LPS 80,00 *** ADD BEEF LPS 100,00	

SALADS

MIXED SEAFOOD SALAD	419
A JUICY MIX OF PRAWN, OCTOPUS, AND CALAMARI TOSSED WITH FETA CHEESE AND MIXED GREEN SALAD.	
STEAK FAJITAS SALAD, TORTILLA BOWL	419
STIR-FRIED BEEF, ONIONS, AND PEPPERS WITH AVOCADO AND HYDROPONIC LETTUCE SERVED IN A CRISPY TORTILLA BOWL.	
CARIBBEAN CHICKEN SALAD WITH ORANGE VINAIGRETTE	349
A FRESH MIX OF GRILLED CHICKEN, CHIA SEEDS, ORANGE, AND HYDROPONIC LETTUCE. BOUND WITH A FRESH ORANGE VINAIGRETTE.	

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SNACKS

THE BIGGER BETTER BURGER	359
A PERFECTLY GRILLED BEEF PADDY TOPPED WITH HYDROPONIC LETTUCE, TOMATOES, CARAMELIZED ONIONS, SAUTÉED MUSHROOMS & CHEDDAR CHEESE, SERVED WITH HOMESTYLE FRIES.	
TRANQUILSEAS CHEESEBURGER	299
HAND-PRESSED LOCAL BEEF TOPPED WITH CHEDDAR CHEESE SERVED WITH HOMESTYLE FRIES.	
ISLAND BEEF SANDWICH	289
HOMEMADE TOASTED BAGUETTE WITH JUICY GRILLED BEEF STRIPS. SLICED TOMATOES AND LETTUCE AND FINISHED WITH A MUSTARD DRESSING.	
TRANQUILSEAS CLUB SANDWICH	289
GRILLED CHICKEN BREAST, BACON, AND EGG TOASTED SANDWICH FINISHED WITH TOMATO, LETTUCE, AND MAYONAISE. SERVED WITH HOMESTYLE FRIES AND KETCHUP.	
SUNKEN FISH SANDWICH	279
HOMEMADE TOASTED BAGUETTE FILLED WITH GRILLED RED SNAPPER, FETA CHEESE, TOMATO, AND COCKTAIL SAUCE.	
FISH FINGERS	269
BATTERED LOCALLY CAUGHT SNAPPER SERVED WITH HOMESTYLE FRIES & TARTAR SAUCE.	
CHICKEN FINGERS	269
CRISPY CHICKEN TENDERS SERVED WITH HONEY MUSTARD & HOMESTYLE FRIES.	
MAKE IT YOUR WAY QUESADILLA	229
CHOOSE FROM CHICKEN, SHRIMP, OR LOBSTER. WE TAKE YOUR CHOICE OF PROTEIN AND SAUTÉE IT WITH ONIONS AND PEPPERS, AND STUFF IT INTO TWO FLOUR TORTILLAS WITH QUESILLO BEFORE GIVING IT A QUICK GRILL. SERVED WITH CHIMOL AND SOUR CREAM.	
• ADD LOBSTER Lps 265 *** ADD SHRIMP Lps 115*** ADD CHICKEN Lps 80	
HUMMUS AND BABAGANOUSH	219
WITH VEGETABLE STICKS AND PITTA BREAD.	

SUNDAY FAMILY PLATTERS

LARGE FAMILY PLATTER 2880

A FAMILY PLATTER WITH A VARIETY OF BEEF, CHICKEN, AND SHRIMP SKEWERS. GRILLED LOBSTER AND BREADED CHICKEN AND FISH FINGERS. SERVED WITH FAMILY SIDES OF FRENCH FRIES AND CRISPY PLANTAIN CHIPS.

SMALL FAMILY PLATTER 1590

A FAMILY PLATTER WITH A VARIETY OF BEEF, CHICKEN, AND SHRIMP SKEWERS. BREADED CHICKEN AND FISH FINGERS. SERVED WITH FAMILY SIDES OF FRENCH FRIES AND CRISPY PLANTAIN CHIPS.

DESSERTS

COCONUT BOWL SPECIAL 189

COCONUT RICE PUDDING, MANGO MOUSE, AND FRESH PINEAPPLE SERVED THE SUNKEN FISH WAY.

CHOCOLATE FONDANT 189

WITH ICE CREAM.

LEMON CHEESECAKE 189

HOME-MADE FRESH LEMON CHEESECAKE WITH A CHOCOLATE GANACHE AND CARAMELIZED ALMONDS.

TRANQUILSEAS BANANA DOUGHNUTS 139

HOMEMADE BANANA DOUGHNUTS WITH A NUTELLA DIP

CARROT CAKE 139

LIGHTLY SPICED CARROT CAKE TOPPED WITH A CREAM FROSTING AND WALNUT CRUMBS.

CREPES 139

A LARGE CREPE FILLED WITH NUTELLA AND BANANA

**** ENJOY YOUR MEAL ****

***** ALL PRICES ARE IN LPS *****

***** VAT IS ALREADY INCLUDED IN PRICES *****

***** NO TIPS INCLUDED, VOLUNTARY TIPS ARE APPRECIATED*****

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